

November 2008

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2	3	4	5	6	7
Sweet & Sour Meatballs White Rice Mixed Veggies Chilled Fruit Homemade Wheat Bread	Honey Glazed Chicken O'Brien Potatoes Creamed Spinach Chilled Fruit Homemade Bread	Zuppa Toscana Soup Tossed Salad Chilled Fruit Garlic Bread Stick	Roast Beef w/ Gravy Mashed Potatoes Green Beans Fruited Jello Whip Homemade Bread	Chef Salad Chilled Fruit Homemade Roll	Sea Sandwich English Muffin Tossed Salad Chilled Fruit
9	10	11	12 First National	13	14
Chicken & Rice Milano Sliced Tomatoes Chilled Fruit Homemade Bread	Grilled Cheese Sandwich Tomato Soup Fruited Jello Crackers	Meatloaf Baked Potato Cream Corn Chilled Fruit Homemade Bread	Country Fried Steak w/ Country Gravy Mashed Potatoes Buttered Peas Chilled Fruit Homemade Wheat Bread	Salmon Loaf Red Potatoes California Blend Veggies Chilled Fruit Homemade Bread	BBQ Pork Sandwich Seasoned French Fries Carrot Raisin Salad Chilled Fruit
16	17	18	19	20	21
Beef Stroganoff Egg Noodles Buttered Corn Chilled Fruit Homemade Bread	Ham & Beans Hush Puppies Buttered Carrots Chilled Fruit	Crab Cakes Scallop Potatoes Broccoli Chilled Fruit Homemade Bread	Lasagna Tossed Salad Chilled Fruit Garlic Bread	Cabbage Roll Beets Sunshine Salad	Macaroni & Cheese Cauliflower Chilled Fruit Homemade Bread
23	24	25	26 b-day Bank of	27	28
Mushroom Chopped Steak Wild Rice Squash Chilled Fruit Homemade Bread	Roast Beef Sandwich Vegetable Soup Crackers Chilled Fruit	Supreme Pizza Tossed Salad Chilled Fruit	Seafood Alfredo Buttered Noodles Tossed Salad Fruited Jello Garlic Bread	Roast Turkey w/ Gravy Mashed Potatoes Bread Stuffing Green Bean Casserole Chilled Fruit Homemade Bread	Chili w/ Cheese & Onion Cottage Cheese w/ Fruit Cornbread
30					
Stuffed Green Peppers Tossed Salad Chilled Fruit Homemade Bread		To Order/Cancel a Home Delivered Meal Please Call by 10:30 a.m. To Order a Substitute Meal Please Call by 9:00 a.m.	Senior Center Closed on Saturdays	Menu Subject to Change Without Notice!	